

ACKNOWLEDGEMENT OF RISKS AND OBLIGATIONS FOR PARTICIPANTS IN HIKEFit or TREKKING ADVENTURE PROGRAMS

HIKEFit / TREKFit Programs are operated by Sterling Results Fitness Club, which is wholly owned by Sterling Results Pty Ltd, and may from time to time include special programs conducted by third parties.

By participating in activities as part of the HIKEFit / TREKKING ADVENTURE Programs, I am aware that my participation in these activities may expose me to risks that could lead to injury, illness or death or to loss of or damage to my property.

To minimise these risks, I will ensure that:

- Each activity I participate in, is within my capabilities;
- I am carrying food, water and equipment appropriate for each activity;
- I have advised the activity leader if I am taking any medication or have any physical or other limitation that might affect my participation in each activity.

In addition:

- I will make every effort to remain with the rest of the party during the activity and accept instructions from the leader;
- I understand that it is at the discretion of the leader on the day as to whether I participate in the activity whether that be Sterling Results Pty Ltd or a third-party operator;
- I have read and understand these requirements and I have considered the risks before signing this Risk Waiver and, I still wish to join this activity.
- I accept that in signing this form I am waiving my rights to sue the leader, Sterling Results Pty Ltd and other participants;
- I agree that any contract arising from my participation will exclude any liability arising from the supply of goods and services by the Sterling Results Fitness Club.

(In order to meet the requirements of our Insurance Contract it is required that all participants on a HIKEFit / TREKKING ADVENTURE Program activity be asked to sign this form.)

HIKEFit Participant

Print
Name:

Signature:

Date:

Sterling Results Fitness Club

Print Sonia Wray
Name: Founder & Head Trainer

Signature: 

Date: 21/12/2020